

ROCHESTER GYNECOLOGIC AND OBSTETRIC ASSOCIATES, P.C.

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Now That You Are Four Weeks From Your Due Date...

Please phone the office during the day or the Answering Service at 258-1919 at night if:

- 1) Contractions are:
 - **Every 5 minutes lasting at least 1 minute for 1 hour
- 2) Bleeding....more than a three (3) inch circle....bright red.
- 3) If your bag of waters has broken (rupture of membranes) especially if:
 - ** You see meconium (green or yellow staining).
 - ** Culture of the cervix done during pregnancy showed the streptococcus (strep) bacteria. (GBS+)
 - ** The baby is breech or not head first.
 - ** If this occurs during the day, please call the office.
- 4) Significant decrease in fetal movement.
- 5) Please notify the physician on-call of any problems you have had during your pregnancy such as:
 - **Breech at your last office visit.
 - **Prior cesarean section.
 - **Diabetes
 - **High blood pressure.
 - **History of fast labors.
 - **Genital herpes.
 - **Positive strep cultures. (GBS+)

Your Physician Will Instruct You If There Is Additional Information